### Things to do 7 – 10 days After Treatment

#### EYEBROWS AND LIPS

- Apply Bepantham Every hour for 7 10 days or until the healing process is completed.
- Use a tissue and a cotton bud as shown to you by your therapist, never use your finger.
- o If you have had your eyebrows and lips tattooed use a cotton bud to remove the <u>Bepantham</u>. Using a new cotton bud apply <u>Vaseline</u> liberally.
- Keep the area dry as much as possible, whilst showering / or washing hair by tilting your head back as much as you can to avoid water and shampoo splashing on your face. Afterwards, take the Vaseline off with a cotton bud and reapply the <u>Bepantham</u> with a new cotton bud, as shown by your technician.

#### LIPS

- For the first few day's drink with a straw and be careful of hot beverages.
- o Avoid Citrus fruits and juices
- Avoid kissing
- o Avoid wiping or licking your lips
- Avoid wearing any lip gloss, lipstick, or creams, other than Bepantham.
- To brush your teeth, use Baking Soda or Children's toothpaste.
- o If you are a cold sore sufferer, take Lysine 5 days prior to the treatment. A double dose on the day of the treatment and the day after. Then after that Continue the Lysine on normal dose for 5 days.
- Keep the are as dry as possible, whilst showering / or washing hair by tilting your head back as much as you can to avoid water and shampoo splashing on your face. Afterwards, take the Vaseline off with a cotton bud and reapply the Bepantham with a new cotton bud as shown by your technician.

#### EYELINER

- Apply <u>Bepantham</u> every 2 3 hours
- o Avoid Contact lenses for two hours
- o Avoid using Mascara or eyeliner
- Purchase NEW Mascara for first use after treatment.

# Fine Line Natural Beauty



# After Care Guide

### General Information

- o This is a generalised aftercare form. Results from your procedure will vary from person to person.
- Everyone is different to another and when reaching a desired outcome, there are many factors to consider, when working out a solid treatment plan.
- o Factors include.
  - > The shape of the eyebrows to the shape of the face.
  - Predicting the outcome of the colour
  - > Influencing factors of the colour, which is but not limited to:
    - Medications and Vitamins
    - Recreational Drugs
    - Smoking
    - Present and Past Illness
    - Stress and Depression
    - Fast Metabolism
    - Clients that may be prone to bleeding
- Usually the treated area will appear very exact and darker in colour, when first treated. In the next few days approximately 30% - 50%, even up to 90% of the colour intensity will be lost, during the healing process.
- $\circ$  Schedule your touch up appointment 4 8 weeks after the initial treatment, regardless of the intensity of the colour.
- It is rare you will get perfect shape and colour the first time. Be patient with the process.

o Avoid the sun. After 7 – 10 days use sun block

FOR ALL COSMETIC TATTOO PROCEDURES

7 – 10 DAYS AFTER TREATMENT

- o Avoid swimming in Chlorine or in salt water to prevent infection and colour change and fading.
- O Avoid any sunbed or Saunas
- O Avoid rubbing or traumatising the area with your finger or other to prevent infection
- Avoid picking at any crust that may form else you will be removing the pigment along with the crust and cause possible scarring and/or infection.
- O Avoid the use of soaps, creams, cleansers, and moisturizers to prevent colour loss.
- Avoid putting your face close to small animals or small children to prevent infection.

# For the BEST OUTCOME RESCHEDULE APPOINTMENT 4 WEEKS AFTER TREATMENT

Eyeliner: 4 weeks
Brows: 4 – 6 weeks
Lips: 6 weeks
Other: 4 – 6 weeks

Touch ups are required regardless of the amount of colour left in the brows, eyeliner, lips or other. Please do not try and work this out for yourself. Think of each treatment as a required step to help you reach your goal with minimal cost.

All touch up costs are \$100 and not inclusive of the original treatment price unless specified by the technician.

If extended time is needed to complete the touch up due to neglect of aftercare and/or any other reason an additional \$50 will be charged on top of the \$100. This is allocated for the extra length of time that is needed to complete the process.

To achieve the best possible outcome, a client needs to adhere to the following aftercare instruction